



Healing Silence

A Meditation Retreat with Healing at its Core

*Bere Island, Beara, West Cork
Saturday 26 September to Friday 2 October 2015
Led by Fr Laurence Freeman OSB and Dr Barry White*

The retreat is open to everyone wanting to learn about or to deepen their current practice of meditation. The theme of healing will be of special interest to those in the medical and health professions who are seeking a deeper meaning of health and better ways of using their healing art.

The striking, unspoiled environment of Bere Island and the hospitality of the islanders create, as in previous years when this retreat has been offered, a powerful ambiance for personal and professional growth.

Laurence Freeman OSB is a Benedictine monk and Director of the World Community for Christian Meditation. He has worked closely with Dr Barry White, of St James Hospital Dublin and The Royal College of Physicians of Ireland to bring the transforming influence of meditation into contact with the lives of healthcare professional and those they care for.

Those who wish to come for a part of the retreat should indicate this to Theresa Hobbs, the Retreat Administrator who will also provide all information about travel, board and lodging.

**Contact: Theresa Hobbs at theresawccm@gmail.com
or +353861621803.**

Registration: [CLICK HERE](#)