Entering Into Silent Prayer

with Jean Vanier & Laurence Freeman OSB

Wednesday 22 – Sunday 26 May 2013

La Ferme Trosly – 23 Rue D’Orleans – 60350 Trosly-Breuil – France

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Silence can be a silence of anguish; then it becomes a cry. The cry that comes from anguish can bring an encounter, and from this encounter silence and inner celebration can arise.
Jean Vanier was born in Switzerland in 1928. He joined the British Royal Navy in 1942, to be a naval officer. He left the Navy in 1950, and came to France to study philosophy and theology. He taught Philosophy in Toronto University. He began l'Arche in 1964, inviting two men, from an institution for mentally handicapped people, to live with him in a small house in Trosly-Breuil. L'Arche has grown up to 150 communities, in 40 countries. With Marie-Hélène Mathieu, Jean started Faith and Light in 1971. Today there are 50000 small Faith and Light communities that meet regularly: people with disabilities, parents and friends. Jean is deeply an advocate for interreligious and ecumenical meetings through l'Arche and other organizations. Since 2004, Jean carries no more responsibilities in l'Arche and Faith and Light. He gives retreats and formation sessions at the Ferme, the spiritual center of l'Arche.

Laurence Freeman OSB is a Benedictine monk and the spiritual guide and Director of The World Community for Christian Meditation a contemporary, contemplative community. Before entering monastic life Laurence Freeman had experience with the United Nations, in banking and journalism. He travels widely as an international speaker and retreat leader. He is the author of many articles and books including, The Selfless Self, Jesus: The Teacher Within and First Sight: The Experience of Faith. Fr. Freeman has conducted dialogues and peace initiatives such as the historic "Way of Peace" with His Holiness the Dalai Lama and is active in inter-religious dialogue with leaders of other faiths. He encourages the teaching of Christian meditation to children and students and the recovery of the contemplative wisdom in the Church and society at large.

**Schedule**

**Wednesday 22 May**
- 15:00 – 16:00 registration and welcome
- 16:30 – 17:30 introduction - Chapel
- 17:30 personal time
- 18:30 evening prayer and meditation - Pianissimo
- 19:15 dinner
- 20:30 contemplative Eucharist (beginning of silence) - Pianissimo

**From Thursday 23 May until Saturday 25 May**
- 06:30 – 07:00 meditation (facultative) - Pianissimo
- 07:15 – 07:45 morning prayer and méditation - Pianissimo
- 07:45 breakfast
- 09:00 – 10:30 talk (Fr. Laurence) – Chapel
- 10:30 – 11:00 break
- 11:00 – 11:30 personal time
- 11:45 midday prayer and meditation - Pianissimo

**Sunday 26 May**
- 06:30 – 07:45 contemplative Eucharist with meditation - Pianissimo
- 07:45 breakfast
- 09:30 – 10:30 questions and answers (end of silence) – Chapel
- 10:30 – 11:15 conclusion
- 11:15 – 11:45 break
- 11:45 midday prayer and meditation - Pianissimo
- 12:30 lunch
**Accommodation:**
Bring your own sheet and towels. You can also rent them for the cost of € 6.00

**Cost**
€ 300.- per person
Deposit € 100

**Information and Registration:**
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**How to get there:**

**By road**
From Paris, take the A1 motorway towards Lille, exit at South Compiègne (Compiègne-Sud), take the direction Soissons-Reims. Trosly-Breuil is located on the Route Nationale 31 (RN 31), 10 kilometres from Compiègne.
After the sign indicating that you have entered “Trosly-Breuil”, please, take the third street on the right.

**By train**
Trains go from the train station Paris Nord directly to Compiègne (no changes).
http://www.trains-horaires.com/gares/compiegne
It is an approximately 50 minutes ride.
Ask La Ferme for details of bus services between Compiègne and Trosly-Breuil.

We prefer payment to be made by bank transfer to our Euro Account:
Bank Name: Barclays Bank
Bank Address: 83-85 Notting Hill Gate London W11 3JS
Account Name: World Community for Christian Meditation
Our Address: St. Mark’s, Myddelton Square, London, EC1R 1XX
IBAN: GB21 BARC 2047 3456 1628 77
SWIFTBIC: BARCGB22

We can also accept payment by credit card, or Paypal.
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