Monday Morning 10:30am – 11:30am

St. John of the Cross Parish Center

5005 South Wolf Road

Western Springs, IL 60558

USA

Contact Janet - [708-246-4866](tel:708-246-4866) [jccadc@sbcglobal.net](mailto:jccadc@sbcglobal.net)

Wednesday Evening 7pm-8:15pm

The World Community for Christian Meditation

Neptune Beach Center

1112 Third Street Suite #9

Neptune Beach, FL 32266

USA

Contacts: 904-241-4738 or 904 3529970 [wccmneptunebeach@att.net](mailto:wccmneptunebeach@att.net)

Thursday Afternoon 1pm-2pm

Council on Alcohol & Drugs,

303 Jackson Hill Street, Houston, TX 77007

USA

Contact: anne@singleys.com phone: 713-9424100 or 714 5165812

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Wednesday 7pm,

Kairos centre, Mount Angelus Road, Roehampton

Contact: [maymbnicol@aol.com](mailto:maymbnicol@aol.com)

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