Monday Morning 10:30am – 11:30am

St. John of the Cross Parish Center

5005 South Wolf Road

Western Springs, IL 60558

USA

Contact Janet - 708-246-4866 jccadc@sbcglobal.net

Wednesday Evening 7pm-8:15pm

The World Community for Christian Meditation

Neptune Beach Center

1112 Third Street Suite #9

Neptune Beach, FL 32266

USA

Contacts: 904-241-4738 or 904 3529970 wccmneptunebeach@att.net

 Thursday Afternoon 1pm-2pm

 Council on Alcohol & Drugs,

303 Jackson Hill Street, Houston, TX 77007

USA

Contact: anne@singleys.com phone: 713-9424100 or 714 5165812

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 Wednesday 7pm,

Kairos centre, Mount Angelus Road, Roehampton

Contact: maymbnicol@aol.com

UK