

# Make Room for Me

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Meditation begins and ends in faith. It expresses the unity of all in the spirit, as do indeed all sacred acts inspired by love or compassion. Meditation as we can testify creates community experienced in the deep silence of being together. What silence makes happen is the transformation of consciousness and the emergence of a catholic mind, because catholic knows no boundaries and seeks to integrate all.

After Meditation: An excerpt from “Ghosts” by Mary Oliver in *DEVOTIONS: The Selected Poems of Mary Oliver* (New York: Penguin, 2017), p. 375.

**7.**

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Once only, and then in a dream,  
I watched while, secretly  
and with the tenderness of any caring woman,  
a cow gave birth  
to a red calf, tongued him dry and nursed him

in a warm corner  
of the clear night  
in the fragrant grass  
in the wild domains  
of the prairie spring, and I asked them,  
in my dream I knelt down and asked them  
to make room for me.

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