

Really at Home

 wccm.org/weekly-readings/really-at-home

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8.7.2022. An excerpt from Laurence Freeman, OSB, “Frequent Flyer,” *The Tablet*, August 10, 2004.

God, as Aelred of Rievaulx bravely said, is not only love. God is friendship, with oneself, others and the environment. Those who are not in friendship can know nothing of God – even, and especially, in the most heartless certainty of the religious fundamentalist that they are defending God against his enemies. It is part of the spiritual search of our time to long for such a feeling of connexion and mutual trust, for a religion that nurtures community rather than division. And perhaps it is this inclusive, catholic sense of being at home with difference that is the meaning of the real presence. If you really are at home with the self in God you will find yourself at home, in peace and compassion, everywhere.

After meditation: “Pax” by D.H. Lawrence, public domain

PAX

All that matters is to be at one with the living God
To be a creature in the house of the God of Life.

Like a cat asleep on a chair
at peace, in peace
and at one with the master of the house, with the
mistress
at home, at home in the house of the living,
sleeping on the hearth, and yawning before the fire.

Sleeping on the hearth of the living world,
yawning at home before the fire of life
feeling the presence of the living God
like a great reassurance
a deep calm in the heart
a presence
as of a master sitting at the board
in his own and greater being,
in the house of life.